

# Quincy Family Resource Center



## October 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Fun Friday Facebook Activity 12:00pm	2
3	4	5 Grandparents Raising Grandchildren 1:00pm-2:00pm LGBTQ+ Teen Social Group 6:00pm-7:00pm Parents Raising LGBTQ+ Youth Group 7:00pm-8:00pm	6 LEADS 3:00pm-4:00pm OR 4:30pm-5:30pm Drop ins With Drea 4:00-5:00pm	7	8 Fun Friday Facebook Activity 12:00pm	9 QFRC is Open 9:00am-12:00pm
10	11 <b>CLOSED: Columbus Day!</b>	12 Laundry Love Weymouth 4:00pm-6:30pm	13 LEADS 3:00pm-4:00pm OR 4:30pm-5:30pm Drop ins With Drea 4:00-5:00pm	14 Foster Care Info Session 5:30pm	15 Fun Friday Facebook Activity 12:00pm	16
17	18	19 Grandparents Raising Grandchildren 1:00pm-2:00pm	20 LEADS 3:00pm-4:00pm OR 4:30pm-5:30pm Drop ins With Drea 4:00-5:00pm	21	22 Fun Friday Facebook Activity 12:00pm	23 QFRC is Open 9:00am-12:00pm
24	25 Laundry Love Hull 4:00pm-6:30pm	26	27 LEADS 3:00pm-4:00pm OR 4:30pm-5:30pm Drop ins With Drea 4:00-5:00pm	28	29 Trunk or Treat Event! 3:30-4:30 Fun Friday Facebook Activity 12:00pm	30
31 <b>Happy Halloween!</b>						

**Grandparents Raising Grandchildren & Kinship Caregivers**—Zoom support group for grandparents and kinship caregivers meets the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday of the month from 1-2pm. For more information, contact Andrea at 617-639-4719 or email [aroderick@baystatecs.org](mailto:aroderick@baystatecs.org).

**Nurturing Your Parenting Skills - Beginning October 7th** - Learn age appropriate expectations for your child, behavioral management, discipline techniques and appropriate consequences in this Zoom group. To register please reach out to Rebecca [rhalloran@baystatecs.org](mailto:rhalloran@baystatecs.org) - 6617-481-7227 x166 .

**LEADS— Learning Everyday Applied Skills for Success** engages students (ages 11-18) in learning about positive decision making, leadership, taking responsibility, and healthy relationships. Meets weekly on Wednesdays, now offering two options for times: Option 1: 3:00-4:00 PM and Option 2: 4:30-5:30 PM. This group will be conducted via Zoom video online conferencing. Registration is required. Please contact Candice at 857.939.4078 or [ckunigenas@baystatecs.org](mailto:ckunigenas@baystatecs.org).

**LGBTQ+ Teen Social Group – Tuesday, October 5<sup>th</sup> from 6:00-7:00.** A group where Lesbian, Gay, Bisexual, Transgender, and Questioning (LGBTQ+) youth can come to socialize with peers and find support. Ages 12-18. Group will be conducted via Zoom online platform. Registration required. Please contact Candice at 617.481.7227 x193 or [ckunigenas@baystatecs.org](mailto:ckunigenas@baystatecs.org)

**Parents Raising LGBTQ+ Youth Group — Tuesday, October 5<sup>th</sup> from 7:00-8:00.** Join us for discussion and conversation on topics that affect LGBTQ+ youth and how to support LGBTQ+ teens. COME WITH QUESTIONS! Group will be conducted via Zoom online platform. Please contact Candice at 857.939.4078 or [ckunigenas@baystatecs.org](mailto:ckunigenas@baystatecs.org) for registration and information.

**Free. Period. Products and Supplies**— We are grateful to be partnering with St. John the Evangelist (Hingham, MA) on their “Free.” initiative which provides free menstruation supplies to those in need on the South Shore. The products to support this biological function are an added expense placed on many who are already experiencing financial insecurity. Compounding this issue is that these products are not covered by benefits. This gap in need and coverage imposes yet another barrier to equity in education and employment as many are forced to miss school or work. If you need these products, please reach out to the Quincy Family Resource Center | Rebecca at [rhalloran@baystatecs.org](mailto:rhalloran@baystatecs.org) - 617-481-7227 x166 .

**Birthday in a Bag**— The QFRC is offering an ongoing event to help plan your child’s birthday! We will provide you with a bag full of birthday treats, gifts, and party supplies. You will need to register 2 weeks in advance before your child’s birth date. For more information, please contact Rebecca at [rhalloran@baystatecs.org](mailto:rhalloran@baystatecs.org) - 617-481-7227 x166 .

**Drop-ins with Drea**— Are you between the ages of 16 & 24 and in need of basic resources and information regarding things like employment, health insurance, housing, education, finances, etc.? The QFRC invites you to come on in!! Let’s “sip some tea”, chat about your situation and see how we can help!! Drop-in time is every Wednesday from 4:00PM-5:00PM. Any questions contact Drea at, [aroderick@baystatecs.org](mailto:aroderick@baystatecs.org) or 617-481-7227 ext. 157

**Trunk or Treat**— Join the QFRC and Dianne DeVanna Center staff for a “Trunk or Treat” event at 1120 Hancock St. Quincy, MA 02169. This event takes place Friday, October 29th from 3:30-4:30pm. Staff’s car trunks will be filled with treats and snacks! Don’t miss out! For more information, reach out to Rebecca at 617-481-7227 ex. 166 or [rhalloran@baystatecs.org](mailto:rhalloran@baystatecs.org). **BOO!**

**Laundry Love** — Complimentary laundry services for families are being offered on a modified basis. Laundry supplies and preloaded laundry cards for clients are being left during the designated times asking everyone to use on the honor system. Please remember to follow proper social distancing and wear face masks- we really want everyone to be safe! **Tuesday, 10/12 at 4:00-6:30pm** on (the 2nd Tuesday of each month) at **Superwash 1620 S. Main Street, South Weymouth,** and **Monday, 10/25** (4th Monday of each month) at **4:00-6:30pm** at **Superwash 259 Nantasket Ave Hull, MA.** **The last load must go in by 5:45 PM.** This is provided by St. John’s Episcopal Church in Hingham, with support from the Quincy Family Resource Center. Signs are posted at each location with instructions and contact information. For more information contact [laundrylovesj@outlook.com](mailto:laundrylovesj@outlook.com).

**Have You Considered Becoming A Foster Parent?** Join us on Thursday, 10/14/21 at 5:30pm for a virtual information sessions about becoming a foster parent and make a difference in a child’s life. For more information, please contact Jahnea by phone at 508-894- 3906 or by e-mail at [Jahnea.Johnson@massmail.state.ma.us](mailto:Jahnea.Johnson@massmail.state.ma.us) or Christine Barry at 781-864-5103.

**Fun Friday Social Media** – Be on the lookout for virtual activities posted **every Friday** on the Quincy Family Resource Center Facebook page! These videos include fun activities for children of all ages and are a great way to keep kiddos busy during this time. Be sure to check it out!

**Coming Fall & Winter 2021/22**

**ATTENDS**—Does your child struggle with attending school? The goal of this parent group is to increase school attendance by providing parents with tools needed to address these concerns and increase their child’s likelihood of lifelong success. For more information contact Susannah Mazer at [smazer@baystatecs.org](mailto:smazer@baystatecs.org) or at 617-481-7227 x120

**Knowledge is Power** – This group empowers young women (ages 12-18) to become bullet-proof by making safe relationship choices, recognizing warning signs in relationships, practicing social media safety, and developing an awareness around and prevent exploitation. Registration required. For more information please contact Andrea Roderick at [aroderick@baystatecs.org](mailto:aroderick@baystatecs.org) or at 617-481-7227 x 157

## HOW TO REACH US!

The Quincy Family Resource Center is available to support you, offering individual support for families, referrals for services, assessments, and groups in person or on Zoom. If you need any assistance, please contact Rebecca Halloran at 617-481-7227 x166 or email [QuincyFRC@baystatecs.org](mailto:QuincyFRC@baystatecs.org). Any schedule changes will be posted on our website and social media pages.

**ANNOUNCEMENT! NEW HOURS OF OPERATION:**

QFRC is fully reopened, fully staffed, and resuming full hours of operation including evenings, and 2nd/4th Saturday of each month.

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**QFRC Monday-Friday Hours of Operation**

Monday 9am-5:00pm

Tuesday 9am-7:30pm

Wednesday 9:30am-5:30pm

Thursday 9am-7:30pm

Friday 9am-5pm

2nd & 4th Saturday of the Month: 9am-12pm



**Bay State  
Community  
Services**

Some of the groups require the caregiver to stay on site based on the child’s age. However, all caregivers must check in with child of ALL AGES during first visit.\*