



August 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Grandparents Raising Grandchildren 1:00pm-2:00pm	4 LEADS 3:00pm-4:00pm	5 Nurturing Your Parenting Skills 3:00pm-4:30pm	6 Fun Friday Facebook Activity 12:00pm	7
8	9	10 Laundry Love Weymouth 4:00pm-6:30pm	11 LEADS 3:00pm-4:00pm	12 Nurturing Your Parenting Skills 3:00pm-4:30pm Foster Care Info Session 5:30pm	13 Fun Friday Facebook Activity 12:00pm	14
15	16	17 Grandparents Raising Grandchildren 1:00pm-2:00pm	18 LEADS 3:00pm-4:00pm	19 Nurturing Your Parenting Skills 3:00pm-4:30pm	20 Fun Friday Facebook Activity 12:00pm	21
22	23 Backpack Drive pick up 2:00pm-6:00pm Laundry Love Hull 4:00pm-6:30pm	24 Backpack Drive pick up 1:00pm-4:00pm "Welcome Back!" Resource Fair 1:00pm-4:00pm	25 Backpack Drive pick up 12:00pm-4:00pm LEADS 3:00pm-4:00pm	26 Backpack Drive pick up 12:00pm-3:00pm & 4:00pm-7:00pm Nurturing Your Parenting Skills 3:00pm-4:30pm	27 Fun Friday Facebook Activity 12:00pm	28
29 	30	31				

Grandparents Raising Grandchildren & Kinship Caregivers—Zoom support group for grandparents and kinship caregivers meets the 1st and 3rd Tuesday of the month from 1-2pm. For more information, contact Andrea at 617-639-4719 or email aroderick@baystatecs.org.

Nurturing Your Parenting Skills—Learn age appropriate expectations for your child, behavioral management, discipline techniques and appropriate consequences in this Zoom group. Group runs Thursdays from 3:00-4:30pm, 6/24/2021-8/26/2021. To register please reach out to either Caitlin at calbert@baystatecs.org or 617-481-7227 x149, or Rebecca rhalloran@baystatecs.org – 617-653-0794

LEADS— Learning Everyday Applied Skills for Success engages students in learning about positive decision making, leadership, taking responsibility, and healthy relationships. Meets weekly on Wednesdays from 3:00-4:00pm. This group will be conducted via Zoom video online conferencing. Registration is required. Please contact Candice at 857.939.4078 or ckunigenas@baystatecs.org.

It's a Girl Thing' - Going virtual! — Would your daughter benefit from socializing with girls her age? This girl's group is for young ladies ages 8-12 years old. We meet Mondays and registration is required! We will be touching on topics such as healthy life styles, self love, self care, friendship, and more! To register for this group please contact Caitlin Albert at 617-750-3381 or by e-mail at calbert@baystatecs.org.

Fun Friday Social Media – Be on the lookout for virtual activities posted every Friday on the Quincy Family Resource Center Facebook page! These videos include fun activities for children of all ages and are a great way to keep kiddos busy during this time. Be sure to check it out!

Free. Period. Products and Supplies— We are grateful to be partnering with St. John the Evangelist (Hingham, MA) on their “Free.” initiative which provides free menstruation supplies to those in need on the South Shore. The products to support this biological function are an added expense placed on many who are already experiencing financial insecurity. Compounding this issue is that these products are not covered by benefits. This gap in need and coverage imposes yet another barrier to equity in education and employment as many are forced to miss school or work. If you need these products, please reach out to either the Quincy Family Resource Center Caitlin at calbert@baystatecs.org or 617-481-7227 x149, or Rebecca rhalloran@baystatecs.org – 617-653-0794

Birthday in a Bag— The QFRC is offering an ongoing event to help plan your child's birthday! We will provide you with a bag full of birthday treats, gifts, and party supplies. You will need to register 2 weeks in advance before your child's birth date. For more information, please contact Caitlin Albert 617-750-3381 or at calbert@baystatecs.org!

Laundry Love — Complimentary laundry services for families are being offered on a modified basis. Laundry supplies and preloaded laundry cards for clients are being left during the designated times asking everyone to use on the honor system. Please remember to follow proper social distancing and wear face masks- we really want everyone to be safe! **Tuesday, 08/10 at 4:00-6:30pm** on (the 2nd Tuesday of each month) at **Superwash 1620 S. Main Street, South Weymouth**, and **Monday, 08/23** (4th Monday of each month) at **4:00-6:30pm** at **Superwash 259 Nantasket Ave Hull, MA. The last load must go in by 5:45 PM.** This is provided by St. John's Episcopal Church in Hingham, with support from the Quincy Family Resource Center. Signs are posted at each location with instructions and contact information. For more information contact laundrylovesj@outlook.com.

“Welcome Back” Resource Fair — The QFRC is excited to announce that in collaboration with the Greater South Shore Behavioral Health Collaborative we will be hosting a “Welcome Back!” Resource Fair and Community Event on Tuesday, 8/24 from 1-4pm. Further details and information will be posted on our website and social media accounts soon!

Backpack Drive — The QFRC is hosting our annual Backpack Drive this summer. Thanks to the efforts of our generous donors, during the month of August, the QFRC will be distributing backpacks filled with school supplies to children (age 2 through 18yrs) in need. If you would like to nominate a youth you are working with or want to sign up your child to receive a backpack filled with school supplies, please reach out to Cassie Lynch at 617-910-8985 or clynch@baystatecs.org. *Applications are due August 13th!* Pick up days are as follows: 8/23 2-6pm, 6/24 1-4pm, 8/25 12-4pm, and 8/26 12-pm & 4-7pm.

Have You Considered Becoming A Foster Parent? Join us on 08/12/21 at 5:30pm for a virtual information sessions about becoming a foster parent and make a difference in a child's life. For more information, please contact Jahnea by phone at 508-894- 3906 or by e-mail at Jahnea.Johnson@massmail.state.ma.us or Christine Barry at 781-864-5103.

HOW TO REACH US!

The Quincy Family Resource Center is available to support you, offering individual support for families, referrals for services, assessments, and groups in person or on Zoom. If you need any assistance, please contact Caitlin at 617-481-7227 ex.149 or Rebecca at 617-653-0794 or email QuincyFRC@baystatecs.org.

QFRC Monday-Friday Hours of Operation

Monday 9am-7:30pm

Tuesday 9am-5:00pm

Wednesday 9:30am-5:30pm

Thursday 9am-7:30pm

Friday 9am-5pm

